



Version – October 29, 2007 - SUBJECT TO CHANGE

Please read carefully!

PART 1 – CONDITIONS OF PARTICIPATION

1. Conditions of Participation

Participants must be experienced riders and be in excellent physical condition to participate in the TransRockies. Special licenses are not required. Minimum age to enter the race is 18 years. Participants as young as 15 years of age are permitted only in the case that the team leader is the parent or legal guardian of the minor, and that the team leader is a past participant of TransRockies.

2. Withdrawal

Participants who cannot continue the race must inform the organizers of their decision by calling the number listed in the route book or by contacting one of the below mentioned organizers. Failure to inform the race director may cause a search and rescue action. The cost for this action will be charged to the participant. If one team member quits but the other team member wishes to continue, the participant may form a new team combination with another racer. These newly formed teams do not qualify for a placing, but the results of their finish will be listed and they will receive a finisher T-shirt. In the event you need to withdraw from the race you must contact one of the following immediately:

- Inform one of the TransRockies rescue team personnel
- Inform one of the TransRockies personnel at one of the control stations
- Inform the start or finishing official (on motorcycle)
- Call our emergency number on your race pass or in your route book

TransRockies will not be responsible if you drop out and inform another participant. If you do not inform one of the above contacts we will be required to start a search and rescue at your expense. In the case that you drop out during the race you will be responsible for your own transfer to the next stage village.

3. Rules

All participants must read, understand and obey the “OFFICIAL RULES AND REGULATIONS”, which can be found below.

4. Environment

Environmental Regulations

- Littering of any kind is prohibited. This includes Gel and Energy Bar wrappers and applies to the race course, as well as camps and staging locations
- Washing of bikes or clothing in rivers, streams and lakes is prohibited.
- Shortcutting of trails is prohibited.

Every participant who is caught disregarding the environment will be fined with a two (2) hour time penalty at first offense and disqualification at second offense.

In the case of major environmental concerns (fire bans, bears, moose, flooding etc.) TransRockies has the right to cancel, delay or reroute the race. Participants will not be reimbursed in an environmental situation that is out of TransRockies control. In case of cancellation of a race leg, participants will be brought to the next stage location.

5. Liability

The organizers, sponsors, volunteers and event personnel are not responsible for any injury or damage that may occur during the event, cancellations, delays or re-routing due to environmental concerns. Each participant will be required to sign a waiver upon registration declaring that they take full responsibility for, risk of injury, to themselves or their equipment and any lost or stolen items.



6. Prizes

Cash prize of \$20,000 Canadian will be split amongst the winners of all six categories. The division of prize-money is determined as follows:

- a. The first 50% of the prize money is determined according to the percentage of teams in each category. E.g. if 80+ mixed category accounts for 15% of the teams in the event, that category will receive 15% of 50% of the prize money from the first allocation. The allocation is made according to the number of teams starting in each category.
- b. The second 50% of the prize money is allocated 75% to the open categories, and 25% to the age group categories. Open Men, Open Women and Open Mixed will all receive 25% of the second 50% from this portion. The remaining categories will evenly split the remaining 25%.
- c. The amounts calculated from a. and b. above will be added to determine the overall amount for each category.
- d. The prize money within each category will be a 3-deep allocation for categories representing up to 1/3rd of the total field. For categories representing more than 1/3rd of the field, a 5-deep allocation will be used. Allocation formulas are:
 - i. 5 DEEP: 1st Team: 45% / 2nd: 25% / 3rd: 15% / 4th: 10% / 5th: 5%
 - ii. 3 DEEP: 1st Team: 55% / 2nd: 30% / 3rd: 15%
- e. Prize money for each team is split evenly between the team members
- f. 15% Income Tax is withheld from all international participants in accordance with international Tax Treaties. These funds are remitted to the Canadian Government, and we send winners a tax receipt that can be used to claim these funds back from national tax agencies.
- g. Medals are presented to the top three teams in stage results in each category daily. Leaders Jerseys are presented to the leading team in each category following each stage. Trophies are presented to the top three teams in each category overall at the final awards ceremony.

7. Categories

The TransRockies offers six different categories: Open Men, Open Women, Open Mixed, 80+ Men, 80+ Mixed, 100+ Open Gender. In 80+ Categories, the combined age of the team must be 80 or higher. In the 100+ category, the combined age of the team must be 100 or higher, and may be comprised of all males, all females, or be one male and one female. The minimum age for participation is 18 years. 100+ teams have the option to choose between the 100+ Open Gender Category or the appropriate gendered 80+ category. Categories where there are fewer than 5 teams registered will be combined with another category at the organizer's discretion. All ages are calculated as of the END OF THE CALENDAR year in which the race takes place.

8. Luggage

At sign-in each participant in 'Epic' or 'Expedition' package (two per team) will receive a TransRockies duffel bag (approx. 36"x16"x16" or 90cm x 40cm x 40cm) with his or her start number. This bag should also be used to store a sleeping bag, thermal mattress, clothing and personal belongings for the duration of the race.

Each participant must drop off his or her bag at the transportation truck on the morning of each stage (location and time will be announced). The bags will be transported to the next stage location where they can be picked up on arrival in the finish. We can only transport one bag for each participant and will not accept any additional items UNLESS an additional duffel bag is purchased. Registrants can purchase an additional bag online during the registration process.

When you arrive at the start location we ask that you transfer the contents from your traveling bag into the bag that is provided by TransRockies. The remaining items such as bike box, suitcase etc. will then be transported directly to the finish and can be picked up at the end of the race. TransRockies will not be responsible for any lost or stolen items.



9. Accommodations

Teams in the 'Epic' package will be provided tent accommodation during the race. Tent accommodations are 2-per person (sharing with your teammate) unless you purchase an additional tent package. Tents are approximately 7' x 7' floor space.

Teams in the 'Expedition' package will be provided with motorhome accommodation during the race. The motorhome will be transferred to each stage location for you. Fuel and water/septic service will be provided as locations permit.

Teams in the 'Adventure' package will not be provided with accommodation during the race. If staging with the race village, either by car camping, or with an RV, each vehicle will require a camping pass, sold separately.

No accommodations are provided for the nights prior to the start, or following the finish of the race. Participants are encouraged to book hotel accommodation for those evenings.

A list of stage locations and contact numbers are listed on www.transrockies.com. We are generally able to accommodate all participants with access to showers. However, there will be limited use. Showers must be limited to 5 minutes to conserve hot water, fresh water and grey-water storage.

10. Participant Support

Participants may bring friends, family or tech support during the race. If the participants wish to purchase a meal package for friends, family or tech support they can purchase the package prior to the race, at sign-on at the start or at the race office at the daily stages. Support vehicles will be charged a daily or weekly rate for a confirmed site. Support crew/vehicles will not be allowed to park or enter the TransRockies staging area unless they purchase a camping pass. Participant support crews will be responsible for their own accommodation and transportation to each stage location.

11. Stages

August 10 Start – Panorama Mountain Village

August 10/11

August 11/12

August 12/13

2008 Stage locations to be announced.

August 13/14

August 14/15

August 15/16

August 16 Finish – Fernie, British Columbia

12. Bike computer, altimeter and GPS

The TransRockies is an orientation race where participants will follow a preset route with the help of a road book and maps. The road book gives kilometre and altitude data for every route change. For this reason, we strongly recommend that every participant carry a bike computer and every team an altimeter. Please note that we use a variety of methods for calculating distance and elevation gain, and route book measurements may not match your personal measurements. Data may vary due to differences in personal calibrations and measurement methods.

We are not currently providing GPS data for the route, but participants are welcome to use GPS units for their own purposes.

13. Bike Check

Riders should be prepared to perform regular maintenance and repair (i.e. changing brake pads, replacing chains, cables, etc.). We strongly recommend that you start the challenge on a mechanically flawless bike. Please note that we do not offer technical support at control points. Independent service providers will be set up in the TransRockies expo area, providing mechanical support on a user-pay basis, should you require assistance. Limited spare parts will be available for purchase as well.

14. Catering

Included in the race package (except the Adventure package), each participant will receive an evening meal and breakfast at each stage location. TransRockies will also provide energy drinks and energy bars and a small amount of fruit at each control point. The control points are not food supply points. It is recommended that if you require more food/drink during the day that you make the necessary arrangements in advance by purchasing food either in the communities or from the TransRockies caterer at each stage. **WARNING:** Do not bring food into tents in the tent camps!!! We will provide a storage area if you need to store food.



15. Bike Storage

At each stage location you can drop your bike off for the night in a secured Bike Park until 11 PM. TransRockies is not liable for bike thefts or vandalism. For this reason, we strongly advise you to have a lock for your bikes. We will re-open the Bike Park each morning at 6:00 am. To receive your bike, the start number on your accreditation and the one on the bike must be identical. Once your bike is dropped off at the Bike Park, you will not have access to it again until the following morning starting at 6:00am. Bikes must be picked up by 7:30 AM.

16. Massage & Chiropractic service

The TransRockies expo area offers chiropractic, athletic therapy and massage service on site to soothe those aching muscles. Additional details will be made available within two months of the start of the event. It is strongly recommended that you make arrangements with the therapists in advance.

17. Transfers

Transfers to the start and from the finish will be available for participants at an additional charge. Transfers need to be booked in advance of the race. Please see www.transrockies.com for more information on transfers.

18. Sign-In

Due to the volume of people signing in we ask that participants make arrangements to do so as early as possible on Saturday, August 9th.

Hours of Sign-In:

Saturday, August 9 10 am – 8 pm

Sunday, August 10 8 am – 10 am

If you have a passport-sized headshot photo you are encouraged to bring it with you when you sign in at registration. A photographer will also be on hand at registration to take headshots if needed, at minimal cost to the participant.

19. Health & Travel Insurance

Participants must be in good health and be experienced, well-trained mountain bikers. All participants are responsible for their own health and travel insurance. Participants will be asked to show proof of insurance upon registration and will not be allowed to participate in the event if they do not have the proper documentation. In the case that a search and rescue or medical evacuation is required the participant will be responsible for any expenses incurred. Proof of health and travel insurance is mandatory.

20. Sponsorship & Branding

Participants may wear sponsor logos on their clothing, bike helmets and bike. They cannot change or alter the bike numbers on handlebars supplied by TransRockies. If the participants are one of the leaders in any category they are required to wear the leader jersey provided by TransRockies. No altering or covering of the leader jersey is allowed. Signage of any kind is not permitted in start and finish area, stage locations or camps.

PART 2 - OFFICIAL RULES AND REGULATIONS

1. Team Ranking

Due to safety considerations, all participants of the TransRockies will start in teams of two. Both participants on each team must appear together at the start, at all control points and at the finish. If this does not occur, the team will not be considered in the daily results. Should one team member arrive more than two minutes before their partner at one of the control points, the team will be given a 60-minute time penalty. If this occurs more than once, the team will be disqualified.

2. Start Numbers and Race Passes

Start numbers (both members of each team have the same start number) must be mounted on the handlebars. The sponsor placement on the start numbers must be seen and no additional advertising may be added. The leading teams in each category are obliged to wear the leader jersey from the previous day.

Each participant must carry his/her race pass at all times during the race. The race pass includes a picture of the participant.



3. Start

The start set-up begins 30 minutes before the starting time specific to each stage. The daily briefing for all participants begins 15 minutes prior to the start time. The exception to this is at the start, where extensive briefing on the entire race starts at 9:45 am. Note that there is also a daily course briefing each evening, going over the next day's stage.

The start will remain open up to 10 minutes after the start time listed for each day. Teams starting up to 10 minutes after the designated start time will be measured according to the official start time. Teams who start later than 10 minutes after the official start time will not be considered in the overall results.

At the start of the first stage, the start set-up will be self-seeded. Starting on Day 2, the teams will be placed in different starting blocks according to their place in the overall ranking.

4. Control Points

During each stage there will be one to three mandatory control points where both members of each team must report with their race passes. Teams who do not pass one of the control points (for example because they have lost their way) will receive a time penalty of 60 minutes for each control point missed. The jury reserves the right to impose a higher or lower time penalty in special cases.

Participants will be recorded together at the control points in the order of arrival. Should one participant arrive prior to their partner, he/she must wait at the end of the line until his/her partner arrives, within the allowable time limit of two minutes. Otherwise, the 60-minute time penalty will be assessed.

5. Finish

At the finish of each stage, the participants must arrive together as a team and check in with their race passes. The official evaluation of the stage is located here.

Teams who arrive at the finish after the finish time limit due to exhaustion, repairs, injury, etc., but who are still riding their mountain bikes will receive the maximum racing time (from official starting time to finish-time) plus 60 minutes. They are eligible to continue racing the following day. Teams who can prove a severe defect or injury and arrive at the finish in/on a different vehicle than their mountain bike, will receive the maximum racing time (from official starting time to finish-time) plus 120 minutes, and can continue the race the following day. If one team member drops out of the race but the other team member wishes to continue, the race organizers will make every attempt to find another riding partner. The 'new' teams do not qualify for placement but their results will be listed and they will receive a finisher T-shirt.

RULE CHANGE (October 2006): Each participant must ride the entire distance of every stage to qualify for a finisher T-shirt and certificate.

6. Withdrawal from the Race

Teams who cannot continue the race or wish to withdraw for whatever reason must inform the race organizers (race office) immediately at the start, control points or finish, or by calling the emergency phone number published in the route book.

Failure to inform the race office will cause a search and rescue action (rescue, mountain rescue, helicopter) at a charge to the participant/s.

If you withdraw from the race the organizers will ensure that you are transported to the closest town, from which you are responsible for your own transportation back to the start, Calgary or another destination.

7. Food and Beverages

All participants are responsible for their own food and beverages during the race. The organizers will provide energy bars and sport drinks at the control points while supplies last. There is no guarantee of food and beverages at the control points.

Each participant must commit him/herself to protect the environment and not to leave any garbage along the route. Purposely littering the route or causing harm to the environment can be cause for elimination from the race.



8. Safety Equipment

Each team must carry a backpack for the day with rainwear and warm clothes for each participant. In addition each team must carry a small first aid kit, a survival blanket and a set of tools at all times. Each participant will be required to carry items defined on the Mandatory Items list.

9. Technical Service

Bike service partners will be offering technical service for the mountain bikes both prior to the start and after the finish each day. Repair work is available on a user-pay basis. Any required parts must be provided or paid for by the participant.

10. General

1. For the rider's own safety helmets are compulsory at all times.
2. The race will take place partly on public roads. Each participant is to obey all traffic laws in effect and yield to motor vehicles with right-of-way at all times.
3. The race regulations specified in the registration form are in effect at all times.
4. The organizer reserves the right to penalize or disqualify participants and teams when one of the following applies:
 - * Technical defects with the equipment
 - * Participant health problems
 - * Violating rules and regulations of the event
 - * Unfair or unsportsmanlike conduct
 - * Any disregard for the environment
 - * Disregard for traffic rules

11. Environmental Considerations

We will not hesitate to enforce stiff penalties for littering, washing of bikes in lakes or streams, cutting trails and environmental abuse. Every participant who is caught disregarding the environment will be fined with a two-hour time penalty at first offense and disqualification at second offense.

In the case of environmental concerns, the organizers have the right to make changes to the route on short notice due to fire bans/closures, weather, wildlife concerns, unforeseen construction or other circumstances beyond our control, safety or other reasons. TransRockies has the right to cancel, delay or re-route the race. Participants will not be reimbursed in an environmental situation that is out of TransRockies control. In case of cancellation of a race leg, participants will be brought to the next stage location.

Purposely disposing of garbage along the route or willful damage to nature will be subject to penalties, including disqualification, with no advanced warning!

12. Safety Rules

1. Slower participants are required to make way for faster racers.
2. Blind portions of the course must be ridden with caution.
3. Be prepared to brake during steep downhills.
4. Repairs must take place in a visible area on the edge of the course.
5. Changing lanes is not allowed in the lead-up to the finish line.
6. Course hazards are often not marked. Ride in control and be prepared for possible course hazards.

These rules primarily serve to assure the riders' safety. Violating these rules can also lead to subsequent time penalty or disqualification from the race.

13. Pulling / Pushing (NEW RULE - October 2007)

While it is allowed for team members to support each other by pushing or pulling manually, it is prohibited for safety reasons to use any kind of device or mechanical aide to do so. There will be repeated checks at the start and along each daily stage to ensure compliance with this regulation.



14. Protest and Jury

Each participant can file protest against other teams for disregarding the rules or against decisions of the race director. Protests can be filed in the race office up to one hour after the finish time limit. Witnesses should be named. A jury of three members will debate the protest and render a decision prior to the start of the next stage. The protest fee is \$50 Canadian. The fee will not be reimbursed.

15. Liability

Each participant is responsible for his/her own safety and security. The organizers, sponsors and event personnel are in no way liable for injury or damage incurred to the participants. A stipulation to participation in the event is that the rider agrees to take responsibility for risks against his/her person and his/her belongings when participating in the race, and give up any right to claim from persons, institutions, or companies running or having run the TransRockies.

IMPORTANT: In the case of environmental concerns, the organizers have the right to make changes to the route on short notice due to fire bans/closures, weather, wildlife concerns, unforeseen construction or other circumstances beyond our control, safety or other reasons. TransRockies has the right to cancel, delay or re-route the race. Participants will not be reimbursed in an environmental situation that is out of TransRockies control. In case of cancellation of a race leg, participants will be brought to the next stage location.